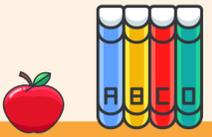


# Well-being of South African educators



The well-being of educators is key to ensuring quality education. Well-being is influenced by factors such as mental and physical health, as well as elements of the school environment. Using data from the Health of Educators in Public Schools Study and the Trends in International Mathematics and Science Study, we examine the physical and mental well-being of educators in South Africa.

The Health of Educators in Public Schools in South Africa Study<sup>1</sup> was conducted in 2015 across the nine provinces involving 21 495 Grade R to 12 educators. This study investigated the health and well-being of educators.



Overall HIV prevalence among educators

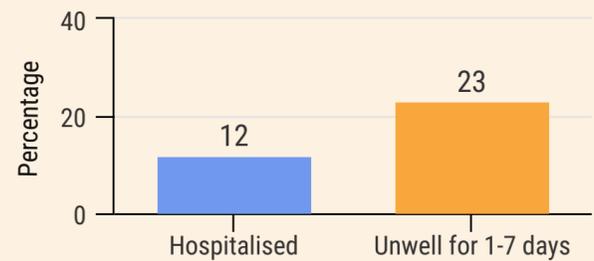


Approximately

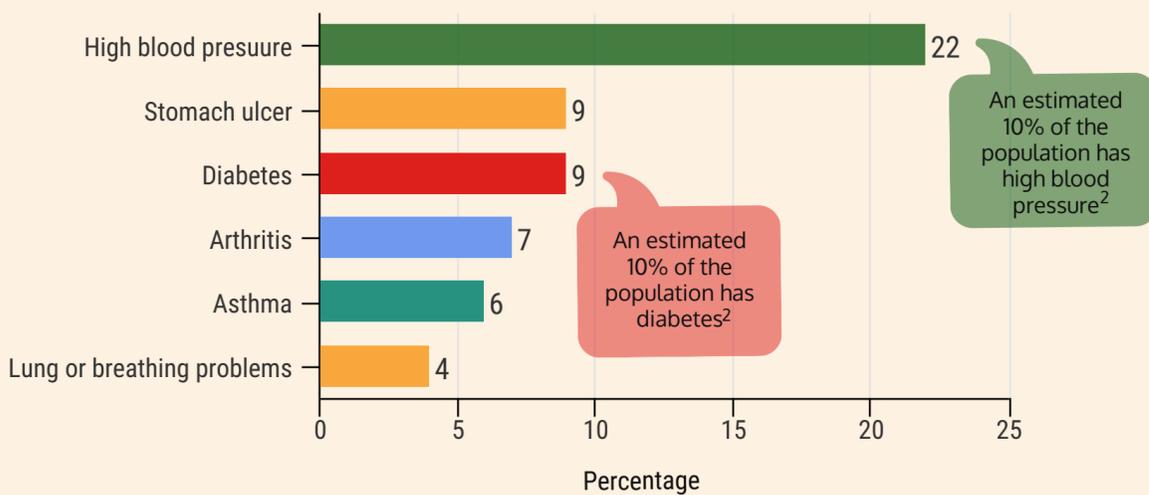
**58 000**

educators living with HIV

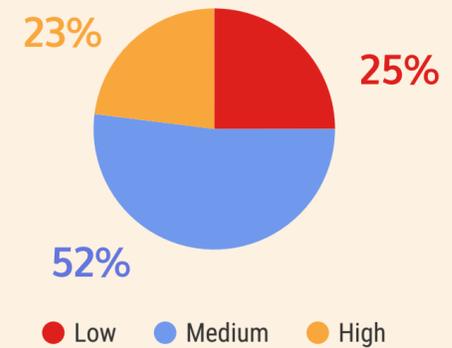
Percentage of educators that reported being hospitalised or unwell in the year prior to the study



Percentage of educators diagnosed with a disease in the previous 5 years



Job satisfaction index for educators



69% of educators expressed a medium to high degree of job related stress



28% of educators had considered changing careers

Main reasons for considering a career change



The Trends in International Mathematics and Science Study (TIMSS)<sup>3</sup> was conducted in 2015. Questionnaires, which included questions related to well-being, were completed by 963 Grade 5 and 9 educators in 589 schools<sup>4</sup>

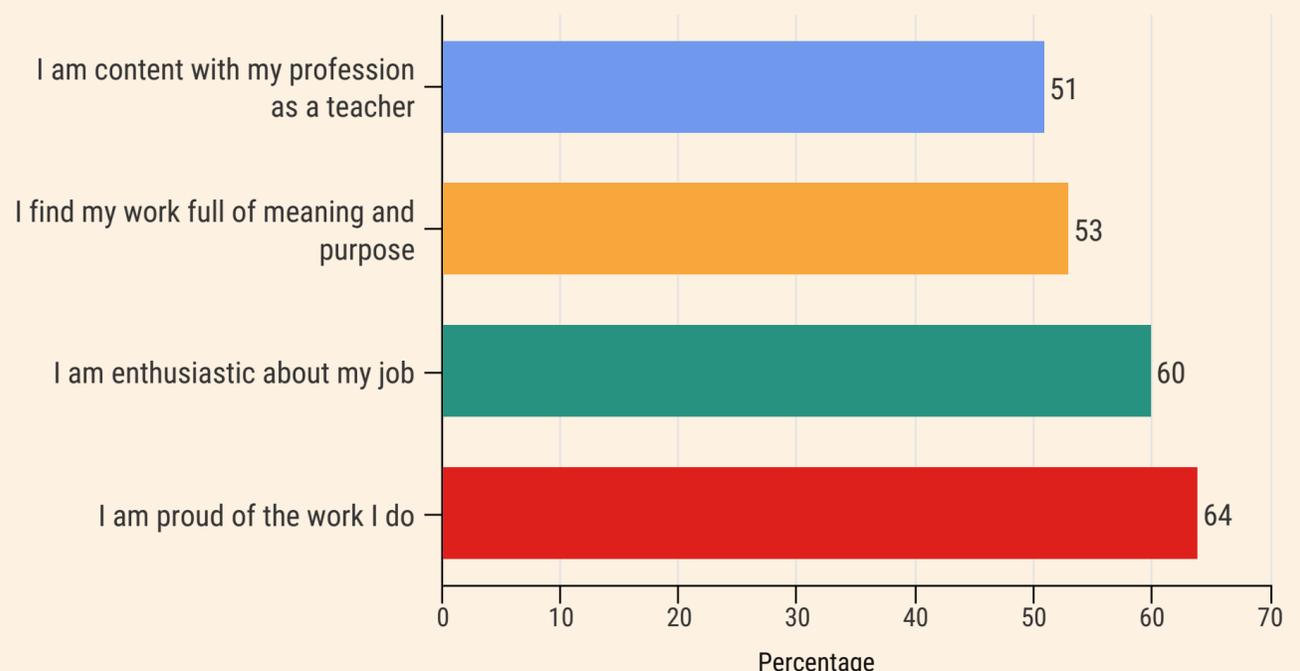


21% Percentage of schools where absenteeism among educators is a moderate to serious problem



9% Percentage of schools where intimidation or verbal abuse of educators or staff is a moderate to serious problem

Percentage of educators that reported very often feeling the following



1 Health of Educators in Public Schools in South Africa Study (2016)

2 South African National Health and Nutrition Examination Survey (2013)

3 TIMSS (2015)

4 TIMSS data for educators are not nationally representative, but indicative of those sampled in the study.